

*Sacred Dance.
Sacred Life.*

2019 WITH SUZANNE CAESAR





*truth is beauty,
dance your truth.*

- SUZANNE CAESAR

JANUARY 2019

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

@SUZANNECEASAR

*I see the dance being used as a means
of communication between soul and soul -
to express what is too deep, too fine
for words.*

- RUTH ST. DENIS



FEBRUARY 2019

S	M	T	W	T	F	S
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20	21	22	23	24	25	26
27	28	29	30	31		

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*Invoke the Divine
through dance*

MARCH 2019

S	M	T	W	T	F	S
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20	21	22	23	24	25	26
27	28	29	30	31		

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A woman with curly blonde hair, wearing a light blue, one-shoulder, wrap-style dress, is captured in a graceful dance pose. She is standing on a red brick floor in front of a large, ornate stained glass window with a diamond pattern. Her right arm is raised and curved, and her left arm is extended downwards. The lighting is soft and natural, highlighting the texture of her dress and the colors of the window.

*it's [dance] your pulse,
it's your heartbeat,
it's your breathing.
it's the rhythm of your life.*

- JACQUES D'AMBOISE

APRIL 2019

S	M	T	W	T	F	S
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27	28	29	30	31		

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*To dance is to give
oneself up to the
rhythm of all life.*

- DR. MAYA V. PATEL

MAY 2019

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*dance is
a song of
the body.
either of
joy or pain.*

- MARTHA GRAHAM

JUNE 2019

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*I don't want people who want to dance,
I want people who have to dance.*

- GEORGE BALANCHINE

JULY 2019

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AUGUST 2019

Dance Your Joy

S	M	T	W	T	F	S
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@SUZANNECEASAR

A woman with blonde hair, wearing a light blue, one-shoulder, pleated dress, is captured in a graceful dance pose. She is standing in a grand, ornate doorway with intricate architectural details and stained glass windows. Her right arm is raised high, and her left arm is extended horizontally. The background shows the interior of the doorway, with a large, colorful stained glass window featuring a diamond pattern. The lighting is warm and natural, highlighting the textures of the stone and the woman's dress.

*Life is a dance
between making it
happen and letting
it happen.*

- ARIANNA HUFFINGTON

SEPTEMBER 2019

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*Let Your
Rhythm Be
Your Guide*

OCTOBER 2019

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*the eternal feminine
draws us upward.*

- JOHANN WOLFGANG VON GOETHE

NOVEMBER 2019

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20	21	22	23	24	25	26
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*to every thing there is a season, and a time
to every purpose under the heaven:
...a time to weep, and a time to laugh;
a time to mourn, and a time to dance,...*

- FROM ECCLESIASTES

DECEMBER 2019

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